

NOOK & NOURISH

Allergen information available, please ask a member of staff.

SOURDOUGH TOASTS

Served with crisps & salad

Halloumi & avocado
with a drizzle of tomato chutney £6.50

Bacon, avocado & mozzarella
with a drizzle of red pesto £6.50

Mozzarella, green pesto
& fresh tomato £5.70

Fried or poached egg seasoned
with aromat (optional) (DF) £5.00

Avocado, fresh tomato
& vegan pesto 🌱 (DF) £5.70

CIABATTA TOASTIES

Served with crisps & salad

Ham & cheese £5.00

Cheese & caramelised onion £4.75

Tuna & red onion melt £5.50

Bacon & brie Melt £5.50

Roasted veg & vegan pesto 🌱 £5.50

BRUNCH BITES

Served with crisps & salad

Plain or Cheese Omelette (DF)

£4.00

(Add ham, red onion, tomato
50p per extra filling)

Flatbread Pizza - Cheese & Tomato

£5.50

(Add ham, red onion,
mozzarella, bacon for extra 50p
per topping)

YOGHURT BOWLS

Greek or coconut Yoghurt

Choose any 3 toppings 🌱 / DF

£6.00

(additional 50p each)

Granola

Banana

Strawberries

Choc Chips

Mix Berries

Chia seeds

Coconut Flake

Honey

VEGAN, DF, GFO AVAILABLE, PLEASE ASK A MEMBER OF STAFF FOR MORE DETAILS.

NOOK & BREWS

-COFFEE

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|--------------|-------|--------------|-------|
| • Espresso | £2.40 | • Americano | £2.90 |
| • Flat White | £3.30 | • Cappuccino | £3.50 |
| • Latte | £3.50 | • Mocha | £3.80 |

-ICED

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|----------------------------------|--------|
| • Iced latte | £ 3.80 |
| • Iced Honey & Vanilla Latte | £4.10 |
| • Iced Honey & Brown Sugar Latte | £4.10 |
| • Iced Toffee Nut Latte | £4.10 |
| • Iced Matcha Latte | £4.10 |
| • Iced Americano | £3.50 |
| • Iced Mocha | £4.00 |

-MORE TO SIP

- | | | | |
|--------------------------|-------|----------------------|-------|
| • English tea/ Decaf tea | £2.00 | Herbal Teas | £2.50 |
| • Hot chocolate | £3.50 | Deluxe hot chocolate | £3.90 |
| • Babychino | £1.20 | Canned drinks | £1.50 |
| • Bottle of water | £1.50 | Fruit Shoot | £1.20 |

ADD SYRUPS OR HONEY FOR 50P

ALTERNATIVE MILKS AVAILABLE

CHILDREN'S MENU

NOOK & NIBBLE

MEAL DEAL, CHOOSE ANY 4 NIBBLES FOR £4

- Sandwich (Cheese, jam, ham)
- Cheddar cheese cubes
- Bowl of Greek or coconut yoghurt (Add honey for 50p)
- Hummus with cucumber sticks
- Selection of fresh fruit
- Fruit yoghurt pouch
- Biscuit treat

OR

MORE TO NIBBLE, SERVED WITH FRUIT:

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|---|-------|
| • Plain egg bites (Add ham, cheese for 50p) | £3.50 |
| • Toastie fingers (Ham, cheese, tuna) | £3.00 |
| • Cheese & tomato pizza fingers (Add ham 50p) | £3.50 |
| • Sourdough toast (Butter, jam) | £2.50 |